



Search and Pounce

Step	Description	What to Say	What to Say (Phonetically)
1	Search Band for Intelligible Signal		
2	ID / Request Response	<i><your call sign></i>	<i><your call sign phonetically></i>
3	Listen for Response		
4	Exchange Station Data	<i><your class></i> EB	<i><your class phonetically></i> ECHO – BRAVO OR <i><your class phonetically></i> EAST BAY



Running

Step	Description	What to Say	What to Say (Phonetically)
1	Call CQ	CQ Field Day CQ Field Day <your call sign>	CQ FIELD DAY CQ FIELD DAY <your call sign phonetically>
2	Listen for and Log Response		
3	Exchange Station Data	<other call sign> <you class> EB	<other callsign phonetically> <your class phonetically> ECHO – BRAVO OR EAST BAY
4	Ready for Next Station	<your call sign> QRZ	<your call sign phonetically> Q – R – Z